



Pound the Pavement

5k Fun Walk/Run

Sponsored by Winterquist Elementary Partners in Education (P.I.E.)

June 4, 2016

Location: 2 East Hwy 61

Esko, MN

8:00 a.m. Registration

Esko High School Clock Lobby

9:00 a.m. Race Start

Winterquist Elementary Playground

Register before May 14: 12 and under \$10

13 and over \$20

Race Day Registration: 12 and under \$15

13 and over \$25

Mail completed form and registration fee to:

P.I.E.

P.O. Box 10

Esko, MN 55733

Make checks payable to Winterquist Parent Group

All profit will go towards learning enrichment for Winterquist Elementary students. Participants will receive a t-shirt. Awards will not be given. Official race time will be kept. Questions can be directed to pie@esko.k12.mn.us or Karen (218) 428-6537.

Register Early!
Pre-register and guarantee a t-shirt on race day! Send this completed form and race entry fee to school with your child by Friday, May 13!



Name: _____

Address: _____

Telephone: _____ E-mail: _____

Shirt Size: Child S Child M Child L Adult S Adult M Adult L Adult XL

Waiver: I, the undersigned, know that running or walking a road race is a potentially hazardous activity. I am properly trained medically and physically to walk or run this event. I assume all risks, responsibility for my own safety, and waive all claims that I or my heirs may have against all sponsors, race directors, race officials, and persons and their families associated with this race, including Thompson Township, Esko Public Schools ISD 99, Carlton County, and the State of Minnesota for any injuries or problems I may sustain, regardless of any negligence. If however, as a result of my participation in the Pound the Pavement for the Playground 5k, I require medical attention, I hereby give my consent to authorized medical personnel of this walk/run to provide such medical care as deemed necessary by such authorized personnel. I will be responsible for payment of any medical expenses needed as a result of injury from this event. I grant permission for use of photographs of this event for legitimate purposes.

Participant Signature _____

Signature of Parent or Guardian if Participant Under 18 _____