

OCTOBER 2020 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>*No Alternate or Ala Carte (Smart Snack) line available at this time.</i></p> <p><i>*We will have special lunches for Grades 7-12 on some days.</i></p>	<p><i>*Low fat or fat free milk offered daily with breakfast &amp; lunch.</i></p>	<p><i>*Fruit &amp; a juice cup offered daily with breakfast.</i></p> <p><i>*WGR cereal may be substituted for main breakfast item.</i></p>	<p>1</p> <p><b>Breakfast:</b> Cinnamon Roll, HB Egg</p> <p><b>Lunch:</b> Stuffed Crust Pizza, Romaine Lettuce Salad, California Veggie Mix, Fruit</p>	<p>2</p> <p><b>Breakfast:</b> Colby Cheese Omelet, Bagel</p> <p><b>Lunch:</b> Meatballs in Gravy with Mashed Potatoes, Steamed Mixed Vegetables, Biscuit, Cranberry Sauce</p>
<p>5</p> <p><b>Breakfast:</b> Muffin, Yogurt Cup or String Cheese</p> <p><b>Lunch:</b> Mini Corn Dogs, Tater Tots, Baked Beans, Steamed Peas &amp; Carrots, Fruit Sauce</p>	<p>6</p> <p><b>Breakfast:</b> Mini Pancakes</p> <p><b>Lunch:</b> Hamburger/Bun, Cheese Slice, Crinkle Cut Fries, Whole Kernel Corn, Fresh Fruit</p> <p><b>HS Lunch:</b> Quarter Pound Burgers</p>	<p>7</p> <p><b>Breakfast:</b> Sausage Breakfast Pizza</p> <p><b>Lunch:</b> Chicken Nuggets, Twister Fries, Green Beans, Dinner Roll, Fruit</p>	<p>8</p> <p><b>Breakfast:</b> Cinnamon Roll, HB Egg</p> <p><b>Lunch:</b> Cheese or Pepperoni Pizza, Romaine Lettuce Salad, Broccoli/Cauliflower in Cheese Sauce, Fruit</p>	<p>9</p> <p><b>Breakfast:</b> Colby Cheese Omelet, Bagel</p> <p><b>Lunch:</b> "Lunch Brunch" French Toast, Sausage Links, Tri Tater, Baby Carrots, Applesauce</p>
<p>12</p> <p><b>Breakfast:</b> Muffin, Yogurt or String Cheese</p> <p><b>Lunch:</b> Ham &amp; Cheese Sub, Cole Slaw, Green Beans, Pickle Spear, Fruit</p>	<p>13</p> <p><b>Breakfast:</b> Mini Waffles</p> <p><b>Lunch:</b> Spaghetti in Meat Sauce, Garlic Toast, Whole Kernel Corn, Fresh Veggie Cup, Frozen Fruit Cup</p>	<p>14</p> <p><b>Breakfast:</b> Sausage Breakfast Pizza</p> <p><b>Lunch:</b> Orange Chicken, Fluffy Rice, Stir Fry Veggies, Bread Stick, Fruit Sauce, Fortune Cookie</p>	<p>15</p> <p><b>NO SCHOOL</b></p>	<p>16</p> <p><b>NO SCHOOL</b></p>
<p>19</p> <p><b>NO SCHOOL</b></p>	<p>20</p> <p><b>Breakfast:</b> Mini Pancakes</p> <p><b>Lunch:</b> Shrimp Poppers, Au Gratin Potatoes, Steamed Mixed Vegetables, Dinner Roll, Fruit</p>	<p>21</p> <p><b>Breakfast:</b> Sausage Breakfast Pizza</p> <p><b>Lunch:</b> Hot Dog/Bun, Baked Beans, Potato Salad, Chips, Fresh Veggie Cup, Fruit</p>	<p>22</p> <p><b>Breakfast:</b> Cinnamon Roll, HB Egg</p> <p><b>Lunch:</b> Cheese Pizza Crunchers, Romaine Lettuce Salad, Green Beans, Fruited Gelatin</p>	<p>23</p> <p><b>Breakfast:</b> Colby Cheese Omelet, Bagel</p> <p><b>Lunch:</b> Breaded Chicken Drumstick, Mac &amp; Cheese, Biscuit, Whole Kernel Corn, Baby Carrots, Fruit</p> <p><b>HS Lunch:</b> Chicken Enchilada</p>
<p>26</p> <p><b>Breakfast:</b> Muffin, Yogurt or String Cheese</p> <p><b>Lunch:</b> Sloppy Joe/Bun, Cheese Slice, Whole Kernel Corn, Fresh Veggies/Dip, Fruit Sauce</p>	<p>27</p> <p><b>Breakfast:</b> Mini Waffles</p> <p><b>Lunch:</b> Corn Dog, Spud Bites, Baked Beans, Peas &amp; Carrots, Fresh Fruit</p> <p><b>HS Lunch:</b> Pulled Pork Sandwich</p>	<p>28</p> <p><b>Breakfast:</b> Sausage Breakfast Pizza</p> <p><b>Lunch:</b> Chicken Strips, Crinkle Cut Fries, Steamed Mixed Vegetables, Dinner Roll, Fruit</p>	<p>29</p> <p><b>Breakfast:</b> Cinnamon Roll, HB Egg</p> <p><b>Lunch:</b> Cheese or Pepperoni Pizza, Lettuce Salad, California Veggie Mix, Fruit</p>	<p>30</p> <p><b>Breakfast:</b> Colby Cheese Omelet, Bagel</p> <p><b>Lunch:</b> Turkey Sub, Cheese Slice, Cole Slaw, Green Beans, Pickle Spear, Fruit</p> <p><b>HS Lunch:</b> Chicken Alfredo</p>

This institution is an equal opportunity provider.

