

NOVEMBER 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>*Alternate menu for Grades 7-12 only.</i></p> <p><i>*Subject to change.</i></p> <p><i>*Ala Carte (Smart Snack) Line available for Grades 9-12 only.</i></p>	<p><i>*Low fat or fat free milk offered daily with breakfast & lunch.</i></p> <p><i>*Fruit & a juice cup offered daily with breakfast.</i></p> <p><i>*WGR cereal may be substituted for main breakfast item.</i></p>		<p>1</p> <p>Breakfast: Sausage Breakfast Pizza</p> <p>Lunch: Polish/Bun, Mac & Cheese, Green Beans, Fresh Veggie Cup, Fruit Sauce</p> <p>Alt: Cheese Pizza Crunchers</p>	<p>2</p> <p>Breakfast: Colby Cheese Omelet, Mini Bagel</p> <p>Lunch: Cheese or Pepperoni Pizza, Romaine Lettuce Salad, Winter Blend Veggies, Fresh Fruit</p> <p>Alt: Meatball Sub</p>
<p>5</p> <p>Breakfast: Muffin Choice, Yogurt Cup</p> <p>Lunch: Chicken Nuggets, Waffle Fries, Green Beans, Dinner Roll, Fruit Sauce</p> <p>Alt: Turkey Bacon Wrap</p>	<p>6</p> <p>Breakfast: Mini Blueberry Pancakes</p> <p>Lunch: Hamburger/Bun, Cheese Slice, Lettuce/Tomato, Baked Beans, Fresh Veggie Cup, Fresh Fruit</p> <p>Alt: Chicken Quesadilla or Taco Max Snax</p>	<p>7</p> <p>Breakfast: Cinnamon Roll or Super Donut, HB Egg</p> <p>Lunch: Chicken Noodle Soup, Bologna Sandwich, WG Goldfish Crackers, Romaine Lettuce Salad, Fresh Broccoli Cup, Fresh Fruit</p> <p>Alt: Taco Salad Bar</p>	<p>8</p> <p>Breakfast: Sausage Breakfast Pizza</p> <p>Lunch: "Lunch Brunch" Pancakes, Sausage Links, Tri Tater, HB Egg, Baby Carrots, Applesauce</p> <p>Alt: Hot Dog Bar</p>	<p>9</p> <p>Breakfast: French Toast Sticks</p> <p>Lunch: French Bread Pizza, Spinach/Lettuce Salad, Normandy Blend Vegetables, Fruit Sauce</p> <p>Alt: Chicken Fajita</p>
<p>12</p> <p>Breakfast: Bagel Choice, Cream Cheese</p> <p>Lunch: Corn Dog, Tater Tots, Baked Beans, Steamed Broccoli, Fruit Sauce</p> <p>Alt: Soup/Sandwich</p>	<p>13</p> <p>Breakfast: Mini Pancake/Sausage Wraps</p> <p>Lunch: Breaded Chicken Drumstick, Mashed Potato Shapes, Peas & Carrots, Macaroni Salad, Fresh Fruit</p> <p>Alt: Mini Pizza</p>	<p>14</p> <p>Breakfast: Cinnamon Roll or Super Donut, HB Egg</p> <p>Lunch: Spaghetti, Garlic Toast, Whole Kernel Corn, Fresh Veg/Dip, Frozen Fruit Cup</p> <p>Alt: Salad Bar</p>	<p>15</p> <p>Breakfast: Sausage Breakfast Pizza</p> <p>Lunch: "Taco in a Bag" Chips/Meat/Cheese Lettuce/Tomato/Fixings, Spud Bites, Bread Stick, Baby Carrots, Fruit Sauce</p> <p>Alt: Ham & Cheese Sub</p>	<p>16</p> <p>Breakfast: Colby Cheese Omelet, Mini Bagel</p> <p>Lunch: Turkey Sub, Cheese Slice, Lettuce/Tomato, Green Beans, Cole Slaw, Pickle Spear, Fresh Fruit</p> <p>Alt: Lasagna Roll-Up</p>
<p>19</p> <p>Breakfast: Muffin Choice, Yogurt Cup</p> <p>Lunch: Shrimp Poppers, Au Gratin Potatoes, Peas & Carrots, Dinner Roll, Fruit Sauce</p> <p>Alt: Stuffed Crust Pizza</p>	<p>20</p> <p>Breakfast: Mini Blueberry Pancakes</p> <p>Lunch: Hot Dog/Bun, Baked Beans, Potato Salad, Chips, Fresh Veggie Cup, Fresh Fruit</p> <p>Alt: Sausage/Egg/Cheese Breakfast Sandwich</p>	<p>21</p> <p>Breakfast: Cinnamon Roll or Super Donut, HB Egg</p> <p>Lunch: Mandarin Orange Chicken, Fluffy Rice, Stir Fry Vegetables, Baby Carrots, Bread Stick, Pineapple Tidbits</p> <p>Alt: Salad Bar</p>	<p>22</p> <p>NO SCHOOL</p>	<p>23</p> <p>NO SCHOOL</p>
<p>26</p> <p>Breakfast: Bagel Choice, Cream Cheese</p> <p>Lunch: Mini Corn Dogs, Sweet Potato Fries, Baked Beans, Green Beans, Fruit Sauce</p> <p>Alt: Burger Bar</p>	<p>27</p> <p>Breakfast: Pancake/Sausage on a Stick</p> <p>Lunch: Chicken Patty/Bun, Waffle Fries, Steamed Broccoli & Cauliflower, Fresh Fruit</p> <p>Alt: Garlic Cheese Bread</p>	<p>28</p> <p>Breakfast: Cinnamon Roll or Super Donut, HB Egg</p> <p>Lunch: Chili, Cheesy Bosco Stick, Carrots/Celery Sticks, WG Mini Crackers, Fresh Fruit</p> <p>Alt: Salad Bar</p>	<p>29</p> <p>Breakfast: Sausage Breakfast Pizza</p> <p>Lunch: Hot Ham & Cheese/Bun, Potato Smiles, Corn of the Cob, Fresh Veggie Cup, Fruited Gelatin</p> <p>Alt: Chicken Alfredo</p>	<p>30</p> <p>Breakfast: Colby Cheese Omelet, Mini Bagel</p> <p>Lunch: Cheese or Mexican Pizza, Romaine Lettuce Salad, Steamed Carrots, Fresh Fruit</p> <p>Alt: Philly Sandwich</p>

This institution is an equal opportunity provider.